

# **MINGENEW MATTERS**

MINGENEW COMMUNITY SPIRIT

\$1.00

CRC AGM

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UNDERSTANDING AND REDUCING TEEN AND TWEEN STRESS, WORRY AND ANXIETY.

A FREE parent information session with author, speaker and Youth Coach, Claire Eaton.

# WHEN

Monday 20 November 2023 6:00pm - 7:30pm









PROUDLY SUPPORTING THE MINGENEW MATTERS

we'll see you in Mingenew

#### **OUR CONTACT DETAILS HAVE CHANGED**

Feedback, concerns & complaints Taryn Winter - crcmanager@mingenew.wa.au

Community care program & services
Claire Brennan - crcprojects@mingenew.wa.au

Services, events & general enquiries Sarah Christie - crccoordinator@mingenew.wa.au

Invoicing & finance enquiries

Kait Morgan - crcfinance@mingenew.wa.au

All things Mingenew Matters mingenewmatters@mingenew.wa.au

All things post office Nicole McKeown - postoffice@mingenew.wa.au



Phone number: 08 9928 1264

Website: www.mingenew.wa.au

### **ADVERTISING COSTS**

**BLACK AND WHITE** 

1/2 PAGE \$24.00 FULL PAGE \$33.00 COVER BACK / FRONT \$44.00

ALL PRICES INCLUDE GST













# **UPDATE**

We will now be publishing fortnightly on Tuesdays. If you would like to advertise in the Matters we need it by 12pm Monday.

Thank you for your understanding and support. mingenewmatters@mingenew.wa.au



Mingenew Matters Newsletter is compiled by the Mingenew Community Resource Centre

> Open Mon-Fri 9am - 3pm Phone: (08) 9928 1264 Fax: (08) 9928 1392

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All written letters or articles must have the full name and address of the person who has written the letter or article, the letter must be signed and dated.

Editor Claire Brennan, Mingenew Community Resource Centre Ph: (08) 9928 1264 or email mingenewmatters@mingenew.wa.au



# Mingenew Community Resource Centre AGM

Thursday 23rd November 2023
5.00pm @ The Exchange + Gallery Mingenew
Light supper & refreshments

All Welcome











A positive and thriving Mingenew

All positions declared vacant. To request a nomination form or for more information, please contact the CRC Manager by phone or email.

Nomination forms are required to be returned to CRC Manager by 16th November 2023

#### **EXPECTATIONS OF BOARD MEMBERS**

- Input/Feedback on the annual calendar and improvements within the CRC
- Encourage community
   participation and engagement in events and services.
- Strategic Planning for a sustainable business and relevance in the community.
- Face to Face meetings every 2 months

The Mingenew Community Resource Centre is a community owned not for profit organisation. We are supported by the Department of Primary Industries and Regional Develop.

We provide the community with workshops & events, technology support, government information, printing services and lots more!

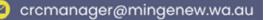
We are also a Services Australia Access Point and we own the Mingenew Post Office.

We have 6 staff including the Centre Manager,
Postal Manager, Program Coordinators,
Finance Officer and a Trainee Finance Officer.





28 1264 🌘



# BE CONNECTED

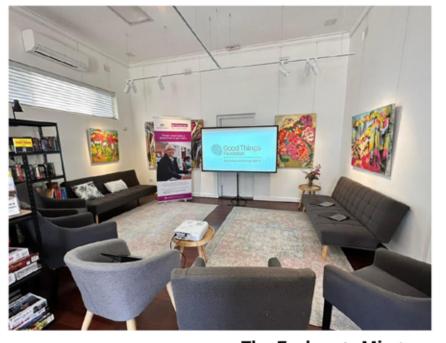
**PROGRAM** 

Here at Mingenew CRC









Monday 13th November

# Session 2

#### THE ABSOLUTE BASICS

New to computers? This is the perfect place to start. Learn the essentials of using a computer, laptop, tablet and smartphone, and find out about the internet, web browsers, web addresses and search engines.

The Exchange Mingenew 10am-12pm

# MORNING TEA PROVIDED

### LIMITED SPACES - BOOKINGS PREFERRED

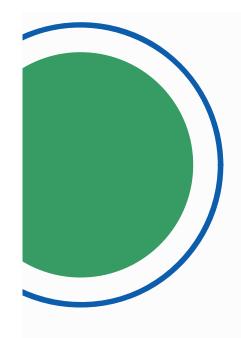
If you have your own device - Laptop, ipad/tablet or smart phone you are welcome to bring that along otherwise you can borrow one from the CRC

Please contact us on 9928 1264 or email crcprojects@mingenew.wa.au

Be Connected is an Australian Government initiative committed to building the confidence, digital skills and online safety of older Australians

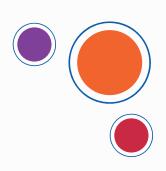






# **PART OF THE**







Monday 20th November **BUS TRIP**Monsignor Hawes Heritage

Centre, Geraldton

Rsvp Required as Limited Spaces
Contact Claire at the CRC 9928 1264

Bus will depart Autumn Centre at 9.00

Bring a Water Bottle, Hat, Sunscreen and any Medication you require





Parenting Connection
Supporting WA parents

UNDERSTANDING AND REDUCING TEEN AND TWEEN STRESS, WORRY AND ANXIETY.

A FREE parent information session with author, speaker and Youth Coach, Claire Eaton.

Claire Eaton will share HOW-TO information and practical strategies with adults helping teens/tweens experience less stress and anxiety, and enjoy more calm, confidence and success at school.

### **WHEN**

Monday 20 November 2023 6:00pm - 7:30pm

## **WHERE**

**Mingenew Recreation Centre** 

# **BOOKINGS**

https://bit.ly/PCWAmingenew Enquiries: Midwest.PCWA@ngala.com.au

This is a FREE event, brought to you by PCWA. Bookings essential.

Parents and caregivers will learn more about:

- How stress, worry and anxiety play out in day-to-day life
- Strategies to reduce stress from blocking success and self-esteem
- Thinking techniques to lessen the ongoing impact of stress, worry and anxiety
- Emotional regulation tools to manage big emotions
- Mood boosting tips to bounce back after periods of stress

Supported by









# How important is Cyber Security?

Benefits of CashPeek



**GLENN BRIGGS** 



# Wednesday 15th November Mingenew Recreation Centre Arrival 9AM

Glenn Briggs serves as Aglytica's National Business Development Manager, having become a part of the team in 2021. Drawing from his extensive 15-year background in the finance industry, Glenn has gained a profound understanding of the critical role effective cybersecurity plays in safeguarding data.

Drawing on Glenn's finance experience, CashPeek has been designed to cater to businesses' budgeting needs with ease. CashPeek allows clients to create budgets quickly, assess seasonal impacts, plan scenarios, and export budgets with notes and calculations for banking partners. Users can budget against multiple accounts, create scenario budgets, and track and forecast their cashflow to identify peak debt requirements.

# Register Here





# AN UPDATE FROM MINGENEW POLICE



# That Little Black Holden Cruze

On the 25th of October 2023, Mingenew Police were alerted to a black Holden Cruze with a missing front bumper and no registration plates displayed, acting suspiciously in Dongara. The occupants were attempting fuel drive-offs in the area. Initially, it was unclear whether the vehicle had been stolen.

The vehicle was located by Police a short time later and called upon to stop. The vehicle failed to stop, and due to safety concerns, the efforts to stop the vehicle were terminated.

The vehicle was located and engaged several times throughout the evening and into the night within Mingenew, Carnamah and Three Springs.

Investigative techniques tracked the vehicle to Bunbury, where a coordinated effort was undertaken to arrest the offenders.

The registered owner, a 26-year-old male, was charged with reckless driving to evade Police pursuit, 4x failure to stop for Police and drug offences. The male's licence was disqualified, his vehicle seized, and if convicted, he faces a mandatory six months in Prison.

We'd like to thank the community for their help on the day.

# AN UPDATE FROM MINGENEW POLICE

# Halloween Blue Light

On Tuesday, 31st of October, Mingenew Police hosted their annual Halloween Blue Light Disco. Our Halloween Disco is always one of our favourites, and the costumes get more spectacular every year. We hope the kids and accompanying parents had a fantastic time and If you missed out, don't stress because our Christmas Disco is just around the corner.



Thank you to our generous Blue Light sponsors













AN UPDATE FROM MINGENEW POLICE

















# Mingenew Police Community Survey

We're seeking anonymous feedback on the policing service we provide to our community. Your responses are appreciated and will help us identify areas for improvement. The survey consists of 9 questions and will take about 5 minutes to complete.



Google Forms

https://forms.gle/4GXb1ebkGdJPdSg28

Scan the QR code with your smart phone or device to get started or visit the link above. Paper forms are also available at the Mingenew Post Office

AN UPDATE FROM MINGENEW POLICE





# ANNUAL GENERAL MEETING **Tuesday 6th February 2024** 6.30pm Mingenew Sports Club

CONTACT

0499 006 690 www.mmwe.com.au

- 1. Welcome
- 2. Apologies
- 3. Declarations of interest
- 4. Minutes of previous AGM
- 5. Chairperson's report 6. Financial report
- 7. Election of committee members Board Members are elected for 2 years.
- 3 positions are available (incumbents may be nominating for re-election).
- 8. Notice of Motions (submit to Event Coordinator by Wednesday 24th January 2024)
- 9. Questions and discussion
- 10.Next meeting
- 11.Closes



# VOLUNTEER AMBULANCE OFFICERS URGENTLY REQUIRED

Ever wanted to become a Volunteer & assist your Community?

Well, now's your chance to join Mingenew Sub Branch.

We are currently seeking community members to join the Mingenew Sub Branch, We understand you all have busy lives so there are no set rosters. All we ask is if you have spare time when a call comes in, your assistance would be great. AND, if you live out of town — that's no problem!

### Benefits:

- FREE Ambulance Officer Training (held locally)
- FREE Uniform
- FREE Insurance
- FREE Provide First Aid course.
- FREE Ambulance cover.
- Corporate Benefits: Wild West Hyundai, Bupa, Medi Bank, nib plus many more.
- Discounted First Aid Kits
- Honorariums
- 24/7 Clinical Support
- Assist with delivering an essential service to your community
- Learn life skills that will benefit you in both your volunteering role and your day-today life.

#### **INTERESTED???**

TO APPLY SEARCH: St John Volunteer OR for more information contact: Cathy Macartney Mid-west South Community Paramedic Mob: 0418 475 124, Email: Catherine.macartney@stjohnwa.com.au

# November : silverchain



Silverchain Mingenew Health Centre

Presentations available by appointment only, except in the case of an emergency

Remote Area Nurse Phone: 9928 1043

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Nurse: 9am-1pm	Nurse: 9am-1pm	CLOSED	CLOSED
			1.30-4pm	1.30-4pm	CEOSED	CLOSED
				Pathology Day		
5	6	7	8	9	10	11
CLOSED	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	CLOSED
	1.30-4pm	1.30-4pm	*Early Closing*	1.30-4pm	1.30-4pm	
		Pathology Day		Pathology Day		
12	13	14	15	16	17	18
CLOSED	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	CLOSED	CLOSED
02000	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm	02000	020000
	GP Visit: 9am-	Pathology Day		Pathology Day		
	2.45pm					
19	20	21	22	Pathology Day	24	25
				23		
CLOSED	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	CLOSED
	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm	
	GP Visit: gam-	Pathology Day		Child Health Nurse 9am-1pm		
26	2.45pm 27	28	29	30		
	Nurse: gam-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: gam-1pm		
CLOSED	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm		
	1.30-4pm	Pathology Day	1.30-4pm	Pathology Day		
		. acrosogy Day		. actiology Day		

GP available by appointment only. Phone 9956 8999 to book.

Child Health Nurse available by appointment only.

Phone 9954 3200 or 0429 577 686 to book.

If you arrive at the clinic during normal operating hours and the clinic is closed, please call either:

- Health Direct 1800 022 222
- Covid Hotline 1800 020 080
- If an emergency call 000 for an ambulance



Nominations are called for the Local Government Extraordinary Election to be held Wednesday, 13 December 2023, to fill the remaining (one) 4-year term vacancy.

# Nominations open on Monday 23 October 2023 Nominations close at 4.00pm Monday 30 October 2023

Any person who is an Australian Citizen over the age of 18 years, who is an elector of the district and is not disqualified under the *Local Government Act 1995*, may nominate for Council.

Candidates are required to lodge with the RETURNING OFFER;

- A completed nomination form in the prescribed form, signed & witnessed. This form is available
  from the Shire or on our website.
- Complete the online Local Government Candidate Induction available at
   <a href="https://www.dlgsc.wa.gov.au/local-government/local-governments/council-elections/induction-for-prospective-candidates">https://www.dlgsc.wa.gov.au/local-government/local-governments/council-elections/induction-for-prospective-candidates</a> (reference number from completed induction is to be included on the nomination form)
- A single A4 page profile containing not more than <u>1,000 characters</u> of biographical information about the proposed candidate and statements of the candidate's policies or beliefs
- A nomination deposit of \$100 (cash, postal order or bank cheque)
- A recent passport size photograph (optional)

When an agent lodges a nomination on a candidate's behalf, it must be in the prescribed form with a written authorisation, signed by the candidate.

The documents may be hand delivered to 21 Victoria Street Mingenew, posted to PO Box 120 Mingenew or emailed to the Returning Officer at <a href="mailto:enquiries@mingenew.wa.gov.au">enquiries@mingenew.wa.gov.au</a> and must be received by the close of nominations. Further information is available at <a href="https://www.mingenew.wa.gov.au/elections/">www.mingenew.wa.gov.au/elections/</a>.

Matt Fanning
Chief Executive Officer (Returning Officer)

# **MEPAU** in the Mid West



**Mitsui E&P Australia (MEPAU)** is a WA-based energy provider with two facilities in the Mid West. MEPAU is a significant contributor to the development of a sustainable supply of energy for the nation and in addition to maintaining its energy resource portfolio, is pursuing new low carbon energy and carbon abatement opportunities.



### Waitsia Gas Field Update

As part of our ongoing activities on the Waitsia Gas Field, we have mobilised a drilling rig to the Waitsia-11 well site. There will be drilling, completions and well testing taking place through November and December 2023, approximately 40-50 days.

The well is being drilled using conventional drilling techniques, and the well testing will include flaring of a combined total of approximately 48 hours.



## **Supporting Irwin District Charity Ball**

MEPAU was pleased to get behind the Irwin District Charity Ball with our joint venture partner Beach Energy, providing Silver Sponsorship for the fundraiser for Ronald McDonald House Charities WA and Cancer Council of WA's Crawford Lodge.





# **Geraldton Universities Centre gets** \$15,000 boost for classroom tech

MEPAU and joint venture partner Beach Energy have provided \$15,000 to the Geraldton Universities Centre for new electronic screens, specialised webcams and speakers that will enhance the Nursing and Education classrooms.

Quality presentation is particularly important for nursing students as the classroom is also used for complex clinical instruction.

The upgrades will also greatly enhance the quality of presentation both within the classroom and when students who live further afield need to remotely attend tutorials.



# Students receive \$1,000 scholarship to support TAFE studies

Congratulations to our Central Regional TAFE Scholarship recipients for 2023, with six students being awarded a \$1,000 scholarship towards their study costs.

The MEPAU Scholarships are available to students enrolled in the fields of Science, Technology, Engineering and Mathematics (STEM) and are funded by MEPAU and joint venture partner Beach Energy.



# 23/24 Mingenew Tennis Season

#### MINGENEW TENNIS CLUB FIXTURES

Date	Friday		
13/10	Social Tennis		
20/10	Social Tennis		
27/10	Social Tennis		
3/11	Social Tennis		
10/11	Social Tennis		
17/11	Social Tennis		

Date	Sunday				
22/10	Jnr Coaching *				
29/10	Jnr Coaching *				
5/11	Jnr Coaching *				
12/11	Jnr Coaching *				
19/11	Jnr Coaching * + Social Tennis				

Social Tennis starts @ 6 pm Bar is open Burgers & sausage



### ONE CLICK FOR MORE INFO



\*Junior Coaching Program Registration + Adult Coaching Expression of Interest

Purchase Membership for season 23/24



Read the minutes from our AGM

### COMMITTEE

Pres: Anthony Smyth VP: Callum Blakey Tres: Annette Thomas Sec: Hellene McTaggart Kate Mills (Captain) Bron Criddle (Vice Captain) Jess Ward (Junior Coordinator) Murray Thomas Rikki Smith Courtney Humphrey Jarrad Spencer



### NEW MEMBERS AND VISITORS WELCOME- ALL SKILL LEVELS AND

More info, membership and coaching registration via our online platform play.tennis.com.au/mingenewtennisclub

E: mingenewtennisclub@gmail.com



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<u>Opening Hours:</u> Monday - Friday 8am until 5pm (Closed for lunch 12pm-1pm)

**Contact Details:** 

Office: 9928 1001

Workshop Mobile: 0427 324 093 email: mingenewtyres@gmail.com

# Make the Best In-Season Nutrient Decisions



