

MINGENEW MATTERS

MINGENEW COMMUNITY SPIRIT

\$1.00

ISSUE 2004

10th October 2023

Be Connected Page 3

Ngala Page 17 Police News Page 5

Silverchain Calendar Page 18 Health + Wellbeing Page 4

Tennis Page 20

MINGENEW COMMUNITY HEALTH & WELLBEING FORUM

An opportunity to connect with others

FRIDAY 20TH OCTOBER

MORE INFORMATION INSIDE







DISCLAIMER

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All written letters or articles must have the full name and address of the person who has written the letter or article, the letter must be signed and dated.

Editor Claire Brennan, Mingenew Community Resource Centre Ph: (08) 9928 1264 or email mingenewmatters@mingenew.wa.au



LIMITED SPACES - BOOKINGS PREFERRED

If you have your own device - Laptop, ipad/tablet or smart phone you are welcome to bring that along otherwise you can borrow one from the CRC

Please contact us on 9928 1264 or email crcprojects@mingenew.wa.au

Be Connected is an Australian Government initiative committed to building the confidence, digital skills and online safety of older Australians



Community Resource Centre Vour local connection





- DEMHS
- Silverchain
- Headspace
- Advocare
- 360 Health
- Audika
- St John
- CWA

MINGENEW COMMUNITY HEALTH & WELLBEING FORUM

Friday 20th October 10am - 12pm Cecil Newton Park

Face Painting Cuppa with a Cop, morning tea Creative activities, young and old Heatth & Wellbeing information





© THE AINGENEW COMMUNITY HEALTH & WELLBEING FORUM

FREE COMMUNITY EVENT An opportunity to connect with others









Friday 20th October, 10am -12pm Cecil Newton Park



AN UPDATE FROM **MINGENEW POLICE**



Travelling Con Men

In recent months Mingenew has been visited by door-to-door salesman offering bitumen and solar services. These operators have since been identified to be dodgy con men.

Travelling con men frequently disappear, leave the job unfinished, use substandard materials, or complete the work to a poor standard. They are known to quote an amount but then demand a significantly higher amount when the work is completed. They can threaten to destroy the work completed if invoices are unpaid.

Jobs such as painting, roof repairs and sealing driveways are common tasks con men offer at a cheap rate, often putting the resident under pressure to say yes. If you have already had work done by any of these companies and are unsatisfied, we recommend not paying the invoice and report it to Consumer Protection 1300 304 054.

If you believe travelling con men are on your property or in your immediate area, call Police on 131 444. If they have left the area, contact Crimestoppers 1800 333 000.

Continued next page ...

What to look for Be suspicious of people who:

- knock on your door unexpectedly
- offer cheap deals using words like 'for today only'
- ask for cash up front
- offer to drive you to the bank to get money for payment
- make you feel pressured to accept their offer.

Protect yourself and your community:

If you suspect a travelling con man is knocking, don't open your door.

- If you do speak to them, ask them to leave. If they refuse, they're breaking the law.
- Record as much information as you can, such as their name and vehicle registration, and report them.
- Don't be tempted by unexpected cheap deals they may be much more expensive in the long run.
- Warn your friends, family and neighbours.
- Share on your local social media groups

Do you need actual work done?

If you decide you need work done on your house, you should:

- shop around for the quote that is right for you
- only use established tradespeople who provide written quotes
- ask for contact details of previous clients for references
- do not sign any agreement until you are ready.

Report travelling con men

- If you need any further advice or assistance, please contact Consumer Protection Contact Centre team on <u>1300 304 054</u>
- Contact the WA Police or Crimestoppers



Scam prevention

Scammers are very clever and are constantly finding new ways to reach potential victims. Our tips below may help protect yourself, a friend or family member.

Simple advice to avoid becoming a victim:

Do not let anyone pressure you into making decisions

Scammers often try to create a sense of urgency so the recipient of the call will act impulsively. They do this through short deadlines, fake emergencies, threats of legal action or claims a deal is too good for you to not consider entering into it now.

Get a second opinion

If someone is requesting money from you and you have any doubts, discuss it with a trusted and reliable third party, like a friend, family member or contact WA ScamNet.

Investment opportunities

Do not respond to emails, text messages and phone calls from strangers offering predictions on shares, investment tips, or investment advice. Always do your own research before you invest any money and check the company or scheme is licensed on ASIC's MoneySmart website. Watch out for claims the investment has zero risk with massive returns.

Dating online

Know who you're dealing with. Watch out for profiles on social media and dating websites who claim they are located in your area but then can't meet due to travel or moving away. Be aware of them avoiding meeting you but are then happy to request money. Don't send money to someone you've never met in person, regardless of the circumstances or reasons they claim to need it. You aren't a bank and will not be able to recover the money from them. If someone approaches you on social media and you don't know them, it may be a scam.



Cold call offering help with your computer

If you receive a call claiming to be from Microsoft, Telstra, NBN or anyone else, telling you your computer or your internet has a problem, it is likely to be a scam. Never allow anyone to remotely log into your computer and if you do, do not log into any important accounts or applications, such as your bank accounts.

Government agency calling

Government agencies will generally write to you if you are entitled to, or owe, money. If somebody calls you claiming to be from the Government offering you unexpected money, be cautious. Get enough information on the organisation and the caller and then find independent contact details so you can check the legitimacy of what you have been told.

Making a Payment

Take a second to think about how an organisation or person is asking you to make a payment to them. Bank transfer, cash deposits, cardless cash withdrawals, gift cards or international money transfer services are extremely difficult to reverse once completed and even more difficult once the money has been released? Scammers use this method for that exact reason. Even using the 'family & friends' option through PayPal cannot always be reversed. By the time you discover you are the victim of a scam or even just made an error, it is too late.

Gift cards

If you have been asked to purchase gift cards to pay taxes, catch scammers or pay outstanding debts you know nothing about, this is a scam. No government agency or business will ever ask you to make a payment via gift cards. Gift cards are not a means to pay off debts. If you paid a scammer with a gift card, report it is as soon as possible. Call the company that issued the gift card and tell them the gift card was used in a scam.

Keep wise

Obtaining information from reliable and trustworthy sources is the best way to protect yourself from scams. WA ScamNet and Scamwatch websites regularly publish updates on scams, how to avoid them and how to get help. Download the Scam Spotting fact sheet for advice. Subscribe to WA ScamNet email alerts and follow Consumer Protection WA on Twitter or facebook. You can also subscribe to Scamwatch Radars and Australian Cyber Security Centre (ACSC) alerts.

https://www.scamnet.wa.gov.au/

MINGENEW RECREATION CENTRE HOONING

Mingenew Police are interested in identifying individuals responsible for intermittent hooning within the Mingenew Recreation Centre car park. The prize for such offending consists of a court appearance, hefty fine, loss of licence and vehicle impoundment. If you know something give us a call or report anonymously via crime stoppers.

KING STREET FENCE DAMAGE

Mingenew Police are currently investigating damage to the fence surrounding the culde-sac at the end of King Street. The damage occurred between the 9th and 11th of September 2023. A vehicle appears to have driven through the fence in attempt to access Midlands Road from King Street. If you know something, give us a call or report anonymously via crime stoppers.



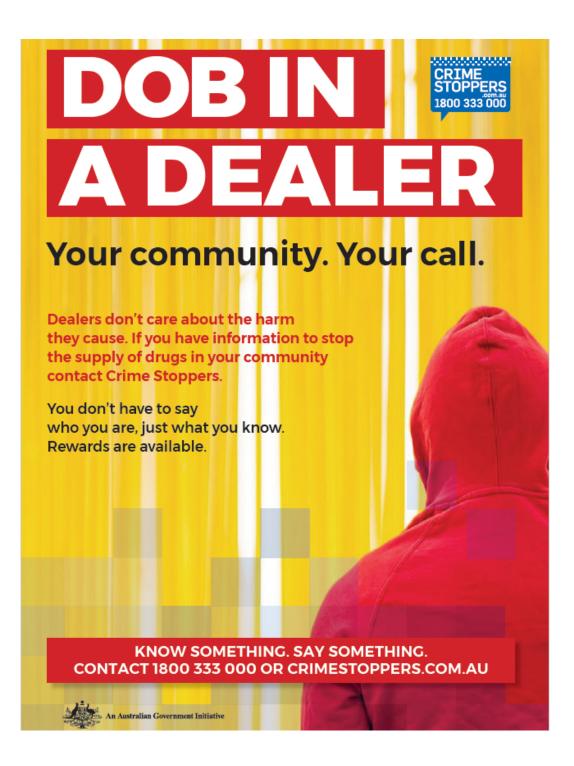
DRUG DEALER CHARGED

In September, local police actioned community intelligence, intercepting a vehicle on its return to Three Springs. The vehicle was found to contain dealer quantities of prohibited drugs. The 28 year old male occupant was charged with possessing a prohibited drug with intent to sell or supply and is due to appear in the Geraldton Magistrate Court in October. We continue to target the distribution of illicit drugs in Mingenew and surrounding communities.

WELCOME TO CONSTABLE STEVEN JARVIS

With the departure of Glen Hillman and his family, Steven Jarvis has joined the Mingenew Police Station team. Steven has transferred from Narrogin and brings with him a wealth of regional policing experience. Steven has moved to Mingenew with his partner Trudy. You'll be sure to bump into Steven around town in the coming months.

We're targeting the distribution of prohibited drugs in our community. If you know something, say something



MINGENEW BLUE LIGHT 2023



We hope you enjoyed our Blue Light community events across the September/October school holiday period. The events consisted of:

- End of Term 3 Blue Light Disco
- Capture The Flag In The Park
- Blue Light Laser Tag
- Blue Light Nerf Battle
- Blue Light Laser Tag v2.0

We're not done yet. The count down is on to our Halloween Blue Light Disco and Christmas Blue Light Disco.

Our Blue Light events would not be possible without the generous financial support of our sponsors and endless list of community helpers. Thank you.









DONATE YOUR DRINK CONTAINERS TO MINGENEW BLUE LIGHT

YOUR DONATED CONTAINERS WILL HELP FUND YOUTH EVENTS FOR THE KIDS OF MINGENEW





- 1. CHECK FOR THE 10c MARK
- 2. REMOVE ALL LIDS
- 3. EMPTY ALL CONTAINERS
- 4. DROP YOUR CONTAINERS IN THE BINS OUTSIDE MINGENEW POLICE STATION



IGH





Mingenew Blue Light ™ Unit presents



CBHGROUP









POP INTO THE POST OFFICE AND MARK THE MAP AND WRITE YOUR ADDRESS ON THE TABLE ON THE BACK IF YOU ARE HAPPY TO HAVE A CAULDRON OF GHOULS SHOW UP TO YOUR HOUSE!



Upcoming first aid courses

HLTAID011 - Provide First Aid

Course type: Accredited | Duration: 1 day in class + Online learning

Price:	\$170.00
When:	Wednesday 18 October - 8:30AM - 4:30PM Saturday 4 November - 8:30AM - 4:30PM Thursday 23 November - 8:30AM - 4:30PM
	Friday 8 December - 8:30AM - 4:30PM

Where: Irwin Districts Sub Centre, 1 Blenheim Road, Port Denison WA 6525







Parents and caregivers will learn

How stress, worry and anxiety

play out in day-to-day life

• Strategies to reduce stress

stress, worry and anxiety

manage big emotions

Mood boosting tips to

• Emotional regulation tools to

bounce back after periods of

• Thinking techniques to

from blocking success and

lessen the ongoing impact of

more about:

self-esteem



UNDERSTANDING AND REDUCING TEEN AND TWEEN STRESS, WORRY AND ANXIETY.

A FREE parent information session with author, speaker and Youth Coach, Claire Eaton.

Claire Eaton will share HOW-TO information and practical strategies with adults helping teens/tweens experience less stress and anxiety, and enjoy more calm, confidence and success at school.

WHEN

Monday 20 November 2023 6:00pm - 7:30pm

WHERE

Mingenew Recreation Centre

BOOKINGS

https://bit.ly/PCWAmingenew Enquiries: <u>Midwest.PCWA@ngala.com.au</u>

This is a FREE event, brought to you by PCWA. Bookings essential.

Supported by

stress







17

2023



Silverchain Mingenew Health Centre Presentations available by appointment only, except in the case of an emergency Remote Area Nurse Phone: 9928 1043

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
CLOSED	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	CLOSED	CLOSED
	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm		
	GP Visit: <mark>9am-</mark>	Pathology Day		Pathology Day		
	2.45pm					
8	9	Pathology Day	11	12	13	14
		10				
CLOSED	Nurse: <u>9am-1pm</u>	Nurse: 9am-1pm	Nurse: <u>9am-1pm</u>	Nurse: 9am-1pm	Nurse: 9am-1pm	CLOSED
	1.30- 2.30pm	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm	
	*EARLY CLOSE	GP Visit: <mark>9am-</mark>		Pathology Day		
	- (2.45pm	- 0			
15	16	17	18	19	20	21
CLOSED	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	CLOSED	CLOSED
	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm		
		Pathology Day		Pathology Day		
22	23	Pathology Day	25	Pathology Day	27	28
	5	24		26	,	
CLOSED	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	Nurse: 9am-1pm	CLOSED
CLOSED	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm	1.30-4pm	CLOSED
		GP Visit: gam-		Child Health		
		2.45pm		Nurse 9am-1pm		
29	30	31				
CLOSED	Nurse: 9am-1pm	Nurse: 9am-1pm				
	1.30-4pm	1.30-4pm				
		Pathology Day				

GP available by appointment only. Phone 9956 8999 to book.

Child Health Nurse available by appointment only.

Phone 9954 3200 or 0429 577 686 to book.

If you arrive at the clinic during normal operating hours and the clinic is closed, please call either:

- Health Direct 1800 022 222
- Covid Hotline 1800 020 080
- If an emergency call 000 for an ambulance



Nominations are called for the Local Government Extraordinary Election to be held Wednesday, 13 December 2023, to fill the remaining (one) 4-year term vacancy.

Nominations open on Monday 23 October 2023 Nominations close at 4.00pm Monday 30 October 2023

Any person who is an Australian Citizen over the age of 18 years, who is an elector of the district and is not disqualified under the *Local Government Act* 1995, may nominate for Council.

Candidates are required to lodge with the RETURNING OFFER;

- A completed nomination form in the prescribed form, signed & witnessed. This form is available from the Shire or on our website.
- Complete the online Local Government Candidate Induction available at <u>https://www.dlgsc.wa.gov.au/local-government/local-governments/council-elections/induction-for-prospective-candidates</u> (reference number from completed induction is to be included on the nomination form)
- A single A4 page profile containing not more than <u>**1,000 characters**</u> of biographical information about the proposed candidate and statements of the candidate's policies or beliefs
- A nomination deposit of \$100 (cash, postal order or bank cheque)
- A recent passport size photograph (optional)

When an agent lodges a nomination on a candidate's behalf, it must be in the prescribed form with a written authorisation, signed by the candidate.

The documents may be hand delivered to 21 Victoria Street Mingenew, posted to PO Box 120 Mingenew or emailed to the Returning Officer at <u>enquiries@mingenew.wa.gov.au</u> and must be received by the close of nominations. Further information is available at <u>www.mingenew.wa.gov.au/elections/</u>.

Matt Fanning Chief Executive Officer (Returning Officer)





5 week coaching with Remote Tennis Services in Mingenew on Sunday mornings starting 22 October 2023. The program is available to children 3 years and up. Cost \$60 per child.

Go to play.tennis.com.au/mingenewtennisclub





'PROGRAMS'

Select 'Tennis coaching 5 week Mingenew program- Term 4'



'Click the blue 'BOOK NOW' button

Sign in with your user name and password. If you haven't already got an account, follow the prompts to create an account

		Player details Please select the participants you wish to register	
		(you) Member Change 3-13 year olds only	Edit details
Select the players you	->	Member Change	Edit details
want to register	->	Member Change	Edit details
		Member Change 3-13 year olds only	Edit details
	1	+ Add player	

If your child's name is not listed, click '+ Add player' and create a profile for each child

->

Once you have selected all the players/ children you wish to register: select a 'payment type'; check the 'Terms and Conditions' box; and click on 'CHECKOUT'. Follow the prompts to pay.

ANY QUESTIONS OR ISSUES PLEASE CONTACT JESS 0429 416 532 OR HELLENE 0409 083 898

MINGENEW

TENNIS CLUB

23/24 Mingenew Tennis Season

MINGENEW TENNIS CLUB FIXTURES

Date	Friday	Date	Sunday
13/10	Social Tennis		
20/10	Social Tennis	22/10	Jnr Coaching *
27/10	Social Tennis	29/10	Jnr Coaching *
3/11	Social Tennis	5/11	Jnr Coaching *
10/11	Social Tennis	12/11	Jnr Coaching *
17/11	Social Tennis	19/11	Jnr Coaching * + Social Tennis

Social Tennis starts @ 6 pm Bar is open Burgers & sausage si33le on sale

OTHER DATE	S FOR THE DIARY	
Fri 29/9	New clubhouse arrives!	
Wed 11/10	Busy Bee	
Wed 8/11	Cardio Tennis	
Sun 10/12	Smyth Agri Mixed Doubles	



*Junior **Coaching** Program Registration + Adult Coaching Expression of Interest

ONE CLICK FOR MORE INFO

Purchase **Membership** for season 23/24





Read the minutes from our **AGM**

NEW MEMBERS AND VISITORS WELCOME- ALL SKILL LEVELS AND AGES More info, membership and coaching registration via our online platform play.tennis.com.au/mingenewtennisclub

E: mingenewtennisclub@gmail.com

🞯 🚹 emingenewtennisclub





Would you like to learn more about the North Midlands' transition to renewable energy?

With \$10bn of current and proposed industry investment centred around the Arrowsmith area's on- and off-shore energy projects, hydrogen projects and carbon capture and storage, as well as mineral sands extraction, rare earths processing and fertiliser production, this activity has the potential to transform the regional economy and social landscape.

At these free events, you'll hear from Arrowsmith project proponents, such as Beach Energy, Iluka Resources, INPEX and Strike Energy, subjectmatter experts on the energy transition, plus related activity in the region, and come away with a better understanding of the industry's potential, it's possible impacts and the opportunities it may provide.

For the full program and to register to attend, visit mwdc.wa.gov.au.



GUEST SPEAKER - ENERGY TRANSITION Petra Tschakert, Professor of Geography and Global Futures, Curtin University



Register now

THURSDAY 19 OCTOBER 2023

3pm – 5pm Mingenew Recreation Centre (and free livestream)

> FRIDAY 20 October 2023

9am - 11am Three Springs Pavilion

2pm - 4pm Carnamah Bowling Club

EVENT PARTNERS



Department of Jobs, Tourism, Science and Innovation

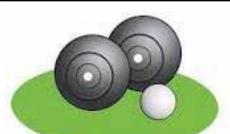




FOR SALE

3 x Double Beds (bases and mattresses) 1 x Dressing table w/mirror

Call Ken 0438808096 for details and viewing



The 2023/24 bowls season will be opening on Tuesday 3rd of October and all old and new players are welcome.

Starting time is names in by 9am and hoping to be on the green by 9.30.

Casual clothing and bring a hat. No special shoes are required you can play barefoot or in socks.

Children are welcome.

Please contact Sue Greaves on 0427085973 for further information.



Tyre Sales & Repairs BOC Gas Agent Lubricants Batteries

<u>Opening Hours:</u> Monday - Friday 8am until 5pm (Closed for lunch 12pm-1pm)

<u>Contact Details:</u> Office: 9928 1001 Workshop Mobile: 0427 324 093 email: mingenewtyres@gmail.com

Make the Best In-Season Nutrient Decisions

