



MINGENEW MATTERS

MINGENEW COMMUNITY SPIRIT

\$1.00

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Friday 20th October
10am - 12pm
Cecil Newton Park

MINGENEW COMMUNITY HEALTH & WELLBEING FORUM

PROUDLY SUPPORTING THE MINGENEW MATTERS

We'll see you in Mingenew



SHIRE
OF MINGENEW

OUR CONTACT DETAILS HAVE CHANGED

Feedback, concerns & complaints Taryn Winter - crcmanager@mingenew.wa.au
Community care program & services Claire Brennan - crcprojects@mingenew.wa.au
Services, events & general enquiries Sarah Christie - crccordinator@mingenew.wa.au
Invoicing & finance enquiries Kait Morgan - crctfinance@mingenew.wa.au
All things Mingenew Matters mingenewmatters@mingenew.wa.au
All things post office Nicole McKeown - postoffice@mingenew.wa.au



Mingenew
Community Resource Centre

Phone number: 08 9928 1264

Website: www.mingenew.wa.au

ADVERTISING COSTS

BLACK AND WHITE

1/2 PAGE	\$24.00
FULL PAGE	\$33.00
COVER BACK / FRONT	\$44.00

ALL PRICES INCLUDE GST

TUE 18° 33°	WED 17° 40°	THU 14° 36°	FRI 11° 32°	SAT 8° 27°
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UPDATE

We will now be publishing fortnightly on Tuesdays.
If you would like to advertise in the Matters we need it by
12pm Monday.
Thank you for your understanding and support.
mingenewmatters@mingenew.wa.au



Mingenew Matters Newsletter is compiled by
the Mingenew Community Resource Centre

Open Mon-Fri 9am - 3pm
Phone: (08) 9928 1264
Fax: (08) 9928 1392

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All written letters or articles must have the full name and address of the person who has written the letter or article, the letter must be signed and dated.

Editor Claire Brennan, Mingenew Community Resource Centre Ph: (08) 9928 1264 or email mingenewmatters@mingenew.wa.au

Just to let Mingenew Residents know what is happening with our
Parents Raema and Boyd.

We have relocated them to the nursing lodge in Morawa where
they have settled in very well and loving their new abode.
Both are very well cared for the most amazing staff lead by Ian
Lyttle.

The meals are so good we have had a request for larger clothes
for Mum. We get personal phone calls from staff keeping us up to
date with what is happening over there. The residents are taken
out for outings and morning coffee down the town.

We can highly recommend this home for anyone who is looking
for a caring, friendly, homely place.

As a very close knit family it gives us peace of mind to know they
are in the best place for them both where they can stay together.

If anyone is heading Morawa way and would like to visit, please
feel free. They would love to see any familiar faces and Boyd will
even make you a coffee or tea.

Mingenew is so lucky to have a kind, caring SilverChain nurse in
Jo, nothing has been too much trouble for her to help us in
anyway she can so a big huge THANK YOU from Boyd and
Raemas family.

BE CONNECTED PROGRAM

HERE AT MINGENEW CRC



Be Connected
Every Australian online.



FREE MONTHLY DIGITAL LESSONS FOR OVER 50's

The Exchange Mingenev- Midlands Road
10am-12pm on the below dates
MORNING TEA PROVIDED

Strongly Recommended

Session 1

WHAT IS BE CONNECTED?

During this first lesson, we will look at what 'be connected' is, complete the digital skills checker tool, and share what we want to learn more about

October 16

Session 2

THE ABSOLUTE BASICS

New to computers? This is the perfect place to start. Learn the essentials of using a computer, laptop, tablet and smartphone, and find out about the internet, web browsers, web addresses and search engines.

November 13

Session 3

GETTING TO KNOW YOUR DEVICE

This topic will teach you the basic functions of a keyboard, mouse and computer, including how to change settings and manage your files

December 11

Session 4

GETTING STARTED ONLINE

Navigating the online world can be a little tricky at first, but this topic will teach you some essential skills to help you get started online

February 12

LIMITED SPACES - BOOKINGS PREFERRED

If you have your own device - Laptop, ipad/tablet or smart phone you are welcome to bring that along otherwise you can borrow one from the CRC

Please contact us on 9928 1264 or email crcprojects@mingenev.wa.au

Be Connected is an Australian Government initiative committed to building the confidence, digital skills and online safety of older Australians



youth activities Sept/Oct Holidays

WEDNESDAY 27TH SEPTEMBER

Cooking with LUCI



For children in years 5,6,7 - 10am - 12pm
Prepare, cook and serve
a long table lunch for 1 guest.

PLEASE NOTE - Food allergies - a detailed menu will be available prior to this activity.
Unfortunately on this occasion, we are unable to cater for specific allergies,
we apologise if your child is unable to safely attend this activity.

Register NOW!
Limited Spaces



**\$20
PER
CHILD**



KEEP TRACK OF UPDATES AND INFORMATION:



MINGENEW CRC



WWW.MINGENEW.WA.AU

youth activities Sept/Oct holidays

THURSDAY 28TH SEPTEMBER



Join Nick for an action packed skateboard workshop right here in Mingenev!
Learn about board maintenance and safety, then hit the ramps to learn some new skateboard skills



Ages 6-16
No registration required
9.30 - 12.30
Mingenew Skate Park

Free



KEEP TRACK OF UPDATES AND INFORMATION:



MINGENEW CRC



WWW.MINGENEW.WA.AU

youth activities Sept/Oct Holidays

WEDNESDAY 4TH OCTOBER

Cooking with
LUCI
CUPCAKE DECORATING



FOR ALL AGES

**Make a morning of it and stay for a cuppa/juice box
& of course a scrumptious cupcake**

*PLEASE NOTE - cupcakes and decorations contain gluten, dairy & eggs
and may contain traces of nuts*

NO REGISTRATION REQUIRED

DROP IN 9.30 - 11.30

MINGENEW REC CENTRE

**\$5 BOX OF 4
CUPCAKES**



KEEP TRACK OF UPDATES AND INFORMATION:



MINGENEW CRC



WWW.MINGENEW.WA.AU



MINGENEW COMMUNITY HEALTH & WELLBEING FORUM

An opportunity to connect with others

Friday 20th October
10am - 12pm
Cecil Newton Park

- Information Stalls
- Art station
- Fun for the kids
- Morning Tea





UNDERSTANDING AND REDUCING TEEN AND TWEEN STRESS, WORRY AND ANXIETY.

A FREE parent information session with author, speaker and Youth Coach, Claire Eaton.

Claire Eaton will share HOW-TO information and practical strategies with adults helping teens/tweens experience less stress and anxiety, and enjoy more calm, confidence and success at school.

WHEN

Monday 20 November 2023
6:00pm - 7:30pm

WHERE

Mingenew Recreation Centre

BOOKINGS

<https://bit.ly/PCWAMingenew>
Enquiries: Midwest.PCWA@ngala.com.au

This is a FREE event, brought to you by PCWA. Bookings essential.

Parents and caregivers will learn more about:

- How stress, worry and anxiety play out in day-to-day life
- Strategies to reduce stress from blocking success and self-esteem
- Thinking techniques to lessen the ongoing impact of stress, worry and anxiety
- Emotional regulation tools to manage big emotions
- Mood boosting tips to bounce back after periods of stress

Supported by





All are invited to Wheatbelt artist Nyree-Jane Taylor's exhibition

Forest Bather | shinrin-yoku

What precious things lay hidden. These works are responses to the atmosphere that nature creates. Nyree's studio is surrounded by trees and bush land which at last light provides the perfect viewing room for clouds and the sunset. The forest calm, sounds, birds, trees the bits in-between. Seems so pure and sacred. A constant reminder of the earth's inviolability and why we must protect it.

Launch: Friday 15th September 5:30pm

Showing to: Tuesday 10th October 2023

Open: Tues to Thurs 10am to 2pm + Fridays 10am to Noon

The Exchange + Gallery Mingeneu, 50 Midlands Road

There is no cost to attend and no booking required for either the launch or to see Nyree-Jane's exhibition. Just come along and enjoy.





St John

Irwin Districts Sub Centre

NOTICE OF ANNUAL REVIEW

Monday, 9th October 2023

1900hrs

Irwin Districts Sub Centre

Everyone welcome!

Light supper to follow

For more information, please contact

irwin@stjohnwa.com.au

Life goes on.

Volunteer with St John.

stjohnchangelives.com.au



TERM 4 COACHING REGISTERING ONLINE

5 week coaching with Remote Tennis Services in Mingeneu on Sunday mornings starting 22 October 2023. The program is available to children 3 years and up. Cost \$60 per child.

Go to play.tennis.com.au/mingenewtennisclub



- ➔ 'PROGRAMS'
- ➔ Select 'Tennis coaching 5 week Mingeneu program- Term 4'
- ➔ 'Click the blue 'BOOK NOW' button
- ➔ Sign in with your user name and password. If you haven't already got an account, follow the prompts to create an account

Select the
players you
want to
register



Player details

Please select the participants you wish to register

<input type="checkbox"/>	[Redacted] (you) Member Change 3-13 year olds only	Edit details
<input checked="" type="checkbox"/>	[Redacted] Member Change	Edit details
<input checked="" type="checkbox"/>	[Redacted] Member Change	Edit details
<input type="checkbox"/>	[Redacted] Member Change 3-13 year olds only	Edit details
+ Add player		

If your child's name is not listed, click '+ Add player' and create a profile for each child

- ➔ Once you have selected all the players/ children you wish to register: select a 'payment type'; check the 'Terms and Conditions' box; and click on 'CHECKOUT'. Follow the prompts to pay.

ANY QUESTIONS OR ISSUES PLEASE CONTACT JESS 0429 416 532
OR HELLENE 0409 083 898



23/24 *Mingenew* *Tennis Season*

MINGENEW TENNIS CLUB FIXTURES

Date	Friday	Date	Sunday
13/10	Social Tennis		
20/10	Social Tennis	22/10	Jnr Coaching *
27/10	Social Tennis	29/10	Jnr Coaching *
3/11	Social Tennis	5/11	Jnr Coaching *
10/11	Social Tennis	12/11	Jnr Coaching *
17/11	Social Tennis	19/11	Jnr Coaching * + Social Tennis

Social Tennis starts @ 6 pm
Bar is open
Burgers & sausage sizzle on sale

OTHER DATES FOR THE DIARY



Fri 29/9	New clubhouse arrives!
Wed 11/10	Busy Bee
Wed 8/11	Cardio Tennis
Sun 10/12	Smyth Agri Mixed Doubles

COMMITTEE

Pres: Anthony Smyth
VP: Callum Blakey
Tres: Annette Thomas
Sec: Hellene McTaggart
Kate Mills (Captain)
Bron Criddle (Vice Captain)
Jess Ward (Junior Coordinator)
Murray Thomas
Rikki Smith
Courtney Humphrey
Jarrad Spencer
Clint Chivers

WITH THANKS TO OUR SPONSORS



ONE CLICK FOR MORE INFO



*Junior **Coaching** Program Registration + Adult Coaching Expression of Interest

Purchase **Membership** for season 23/24



Read the minutes from our **AGM**

NEW MEMBERS AND VISITORS WELCOME- ALL SKILL LEVELS AND AGES

More info, membership and coaching registration via our online platform
play.tennis.com.au/mingenewtennisclub

E: mingenewtennisclub@gmail.com

@mingenewtennisclub





Mingenew Netball Club – Weekly Wrap Up

Date: 9th September 2023

Grade: B Grade

Mingenew v Coorow

Final score MingeneW 29 – Coorow 34

GRAND FINAL

We headed to Morawa for the Grand Final this year. Excitement, nerves and adrenaline were high!

We had a team of 9 for this final game for 2023.

We started SUPER strong and definitely were fired up to play a great final. We had brilliant support on the sidelines from our fellow A grade team, partners, family, and our MingeneW Community. And even a FaceTime from our Darcy in Canada to keep an eye on things!

We were a couple of goals up at the end of the first quarter, and from memory EVEN scoring at half time.

A tremendous game so far of goal for goal for both clubs which is exactly as a grand final should be played!

Third quarter we held, but they got 2 up on us. Last quarter we were still goal for goal and at a few moments scores were back level- by jingos- nail biting stuff!

Coorow ran away from us in the dying minutes of the game and had a win by 5 goals. A super effort and 7 goals less of a difference compared to the Semi final. Hold your heads high ladies!

Our best in finals award went to our youngest player Tilly, our GA for the season. Congratulations Tilly! Her goal scoring this season has been remarkable.

Our MingeneW B grade ladies should be tremendously happy with their seasons efforts! To remain undefeated until the final round, and to be only beaten by a town without an A grade side, and with the association fairest and best and RunnerUp fairest and best is a great feat!

I couldn't be prouder of our team of tough ladies, with their kindness, their respect, their laughter, their fun & their big beautiful hearts.

I've thoroughly enjoyed coaching this group of ladies. They were the absolute best!

Coach, Roz





ARE YOU PREPARED?



As summer approaches, nbn is urging communities to prepare for a potential loss of nbn services during an emergency event and test their residential evacuation and business continuity plans. While the nbn® network is built and designed to be as resilient as possible, it's important to remember that the majority of outages on the nbn® network during emergencies are caused by power outages. That is why it is important for households and business to prepare in case of disrupted connectivity. nbn is urging the community to prepare by taking four simple steps:

- 1. Stay mobile:** Keep a charged mobile phone and portable mobile battery pack ready to use in a power outage, or if your nbn® connection is disrupted in an emergency event. Consider turning off cellular data on unnecessary apps to save battery.
- 2. Stay updated:** Local radio is a good source of information during an emergency, so include a battery powered radio in your emergency communications kit. Also follow emergency services, including your state Fire and Rescue and Police Services, as well as utility companies and nbn (@NBN_Australia) on social media for updates.
- 3. Back up:** To make sure you can access important information and essential documents from anywhere, including insurance policies and financial documents, consider creating a digital back up on a USB or in the cloud.
- 4. Be Prepared:** Test residential evacuation and business continuity plans, including considering investing in alternative communication and power options to keep your business or community group operating – these need to be tried and tested regularly as part of your Business Continuity Plans.

If you would like further information regarding nbn in your area, please visit www.nbnco.com.au

 <p>Stay mobile</p> <p>✓ Charged mobile and portable battery</p>	 <p>Stay updated</p> <p>✓ Battery powered radio ✓ Follow @NBN_Australia on social media</p>
 <p>Back up</p> <p>✓ Create a digital back up of valuable information on a USB or on the cloud</p>	 <p>Be prepared</p> <p>✓ Alternative communications and power options ✓ A robust Business Continuity Plan</p>



**MID WEST
DEVELOPMENT
COMMISSION**

**SAVE
THE DATES
MORE DETAILS
TO COME**

ARROWSMITH COMMUNITY CHATS

19 October 2023

20 October 2023

MINGENEW

THREE SPRINGS

CARNAMAH

Would you like to learn more about the North Midlands’ transition to renewable energy?

With \$10bn of current and proposed industry investment centred around the Arrowsmith area’s on- and off-shore energy projects, hydrogen projects and carbon capture and storage, as well as mineral sands extraction, rare earths processing and fertiliser production, this activity has the potential to transform the regional economy and social landscape.

The Mid West Development Commission will deliver a series of free community engagement forums to discuss energy transition and the opportunities that the renewables industry brings to the area.

EVENT PARTNERS



Government of **Western Australia**
Department of **Jobs, Tourism, Science and Innovation**



FOR SALE

3 x Double Beds (bases and mattresses)
1 x Dressing table w/mirror

Call Ken 0438808096
for details and viewing



The 2023/24 bowls season will be opening on Tuesday 3rd of October
and all old and new players are welcome.

Starting time is names in by 9am and hoping to be on the green by
9.30.

Casual clothing and bring a hat. No special shoes are required you can
play barefoot or in socks.

Children are welcome.

**Please contact Sue Greaves on 0427085973 for
further information.**



Opening Hours:
Monday - Friday
8am until 5pm
(Closed for lunch 12pm-1pm)

Contact Details:
Office: 9928 1001
Workshop Mobile: 0427 324 093
email: mingenewtyres@gmail.com

Make the Best In-Season Nutrient Decisions



Juliet McDonald, Area Manager - Coorow

Mobile: 0429 945 332

Email: jmcdonald@summitfertz.com.au



PROUDLY SUPPORTING THE MINGENEW MATTERS

We'll see you in Mingenew

